

## LIGHTEN UP

- HUMMUS + PITA**  9
- CHICKEN KARAGE** 14.5  
Crispy fried marinated chicken, ginger sesame soy sauce, daikon slaw.
- CALAMARI** 10  
Crispy Ocean Wise calamari rings, sweet orange chili sauce, chili chive aioli.
- LOBSTER DIP** 13.5  
Creamy lobster dip with spinach and cheese, served hot with fresh pita.
- SUNDRIED TOMATO BRUSCHETTA**  12.5  
Marinated sundried tomato, fresh roma tomato, roasted garlic, basil, Parmesan.

### GREENS

- MIGHTY KALE**  14.5  
Our signature salad! Green kale massaged with Spanish olive oil and lemon juice, oregano vinaigrette, hemp hearts, croutons, Parmesan, fresh bread.
- KOREAN BBQ** 17  
Choice of Chicken or Salmon, glazed with Korean BBQ sauce, Asian mushrooms, carrot, red onion, daikon, wakame, kimchi, sesame seeds, jalapeño tahini vinaigrette, fresh bread.

### CALL IT A COMBO

- SOUP + SALAD**  14.5  
Your choice of soup and Mighty Kale salad, fresh bread.
  - SOUP + TOAST**  14  
Your choice of soup and your choice of toast.
  - SALAD + TOAST**  14  
Mighty Kale salad and your choice of toast.
- Enjoy the best of both worlds!

- SOUP** 4  
Cup
  - Bowl served with bread** 7.5
  - AYURVEDIC SOUP**  "ah-yer-vey-dik"  
Organic green kale, white quinoa, roasted sweet potato, coconut cream, butternut squash, tomato and fresh ginger infused with Leyda's blend of ancient Ayurvedic spices.
  - SOUP OF THE DAY**
- Ask about our chef's daily creation.

## BOWLS

- BURRITO**  14  
Black beans, corn salsa, manchego, roasted red pepper, chives, kale, tomatoes, crispy tortilla, brown rice, guacamole, chili chive aioli.
- POKE**  16  
Poke style salmon, cucumber, carrots, kimchi, avocado, edamame, daikon, green onion, wakame, brown rice, wasabi aioli, ponzu.
- BUDDHA**  15  
Curried chickpeas, Asian mushrooms, bok choy, hummus, avocado, red cabbage, cucumber, kale, red quinoa, Thai curry sauce.

### GET TOASTY

- AVOCADO**  8  
Smashed avocado, arugula, tomato, hemp hearts.
  - HUMMUS + BROCCOLI**  8  
Garlic hummus, charred broccoli, spicy honey.
  - SCANDI** 9  
Piquillo peppers, salmon gravlax, brie, parsley, tomato, olive oil.
  - MANGO** 9  
Sliced mango, goat cheese, tahini, fresh mint, spicy honey.
- Put an egg on it! 3

## BRUNCH

- SCRAMBLER** 14.5  
Choice of Bacon, Bison Chorizo or Spinach Mushroom Florentine. Two organic scrambled eggs, sweet + local potato hash, mozzarella. Served with salsa, fresh greens and toast.
- ROASTED VEGETABLE QUICHE** 14  
Sweet potato, zucchini, red peppers and broccoli baked with goat cheese and eggs on flaky pie crust.
- STUFFED FRENCH TOAST** 14.5  
Vanilla French brioche stuffed with mixed fruit and berry goat cheese filling. Drizzled with maple syrup and topped with whipped coconut cream.
- GRANOLA PARFAIT**  11  
Toasted coconut and quinoa granola, fresh fruit, coconut cream.
- BREAKFAST SAMMIE** 9  
Choice of Bacon or Spinach Mushroom Florentine. On a buttery brioche bun with tomato, greens, avocado, mozzarella, an over-easy egg, chili chive aioli.

## HAND-HELD

- Served with Mighty Kale Salad  
Substitute a cup of soup 2.5
- CHICKEN SALAD SANDWICH** 14.5  
Roasted chicken roulade with sundried tomato mayo, greens, sliced tomato, avocado, red onion.

### SALMON TACOS

- Coconut crusted wild sockeye salmon, pineapple salsa, red cabbage slow, guacamole. 16

### VEGGIE BURGER

- Lentil, quinoa and sweet potato patty, roasted red pepper, mozzarella, tomato, pickled onion, arugula, chili chive aioli, oven-roasted fries. 15

### BISON BURGER

- Grass-fed bison ground fresh, sautéed mushrooms, arugula, pickled onion, red onion, tomato, mozzarella, garlic aioli, oven-roasted fries. 17

## PIZZAS

- PRIMAVERA**  16.5  
Pesto, red onion, arugula, tomato, mushrooms, piquillo peppers, broccoli, mozzarella.

### BBQ CHICKEN

- Roasted chicken in BBQ sauce, red peppers, onion, tomato, arugula, corn, mozzarella. 17.5

### FRUTTI DI MARE

- Lobster cream, shrimp, salmon gravlax, red onion, piquillo peppers, arugula, jalapeño hot sauce, mozzarella. 17.5

### BE CREATIVE

- |               |     |                           |   |
|---------------|-----|---------------------------|---|
| <b>ADD:</b>   |     |                           |   |
| Shrimp        | 6   | Oven-Roasted Fries        | 5 |
| Chicken       | 6   | Guacamole                 | 4 |
| Salmon        | 6   | Salsa                     | 3 |
| Bison Chorizo | 5   | Avocado                   | 3 |
| Bacon         | 3.5 | Sweet + Local Potato Hash | 5 |
|               |     | Side Mighty Kale Salad    | 8 |

# Leyda's

 **VEGAN FRIENDLY - ASK FOR MODIFICATIONS**  
**PLEASE INFORM US OF ANY ALLERGIES**

